



Meriden Health Department: Keeping You Healthy In August!

Events and News



Meriden School Readiness - Register Now for Fall 2010!

Meriden School Readiness provides affordable quality preschool programming for 3 and 4 year old children who live in Meriden. Full-time, part-time and extended day care is available. Weekly fees are done on a sliding scale based on family size, annual income, and how many children in the family need child care services. Call Jessica at 203-630-4236 for more information.



Back to School Physicals

Physicals will be held the week of August 23 at the Health Department; call 203-630-4234 to make your appointment. Cost is \$20 per child or \$50 for 3 or more children in the same household (cash only). Physicals are required for children entering pre-k, kindergarten, 6th and 10th grade. Bring a copy of your child's immunization record to your appointment.

August Community Events

Visit our booth at these events!

National Night Out
August 3, 5:00-8:00pm, City Park



Community Wednesday Block Party
August 18, 10:00am-4:00pm, Meriden HUB

Back to School Expo
August 24, 10:00am- 1:00pm, Meriden HUB parking lot

“Know Your Numbers” Health Screening

We are now offering a complete “know your numbers” health screening for adults. For only \$10.00, we will screen you:

- Blood glucose (sugar)
- Total cholesterol
- Blood pressure
- Height, weight, and body mass index (BMI)
- Vision and hearing

Please call 203-630-4234 to make your appointment.



Meriden Department of Health and Human Services
165 Miller Street * 203-630-4226
www.meridenhealth.com

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