



Your letter carrier and local services want to help you!

If you live alone or care for a loved one, the CARRIER ALERT PROGRAM offers you comfort knowing that someone who visits your home regularly can call for help if you need it. This FREE service helps older adults and homebound people who may have difficulty getting help because of an accident or sudden illness in the home.

The National Association of Letter Carriers and the United States

Postal Service has joined together with a variety of agencies to provide
a community service to seniors and home bound individuals. The
designated agency – Assisted Living Services, Inc., and the City of
Meriden's Police Dept., Health & Humans Services, and City Council
invite you to register for this FREE service

## Here's How It Works:

- You must register to participate in the program. Your local postmaster can give you more details on registration if needed.
- Your letter carrier will place a Carrier Alert sticker in your mailbox which will alert all letter carriers to watch your mail for accumulation or other signs of distress.
- 3) If your carrier finds an accumulation of mail, and you have not covered the sticker to signal that you are away for a few days, he or she will notify the designated agency where you will be registered or report it to the postal supervisor who will contact the agency.
- 4) The agency will then call by phone. If you cannot be reached, the agency will contact the friend or relative whom you have listed as the emergency contact person.
- If a friend or relative cannot be reached, the agency will contact the local Police Department who will dispatch an officer to check on your well being.

\* If you wish to sign up for this FREE program, please complete the registration form attached and mail it to the agency and address listed.

Authorization, Subscribe	er Information, and Release of Legal Liabilities
1 6	insert full name), hereby expressly authorize
	n, under the direction of Assisted Living Services,
Inc. (the local sponsoring social service agency) to use this information in case of an emergency. I understand that this information will be	
Program as a means to r	ecognize my potential need for assistance.
	the U.S. Postal Service to alert Assisted Living
	an accumulation of mail in my mailbox. If I am
	ter carrier in writing in advance and cover the
decai in my malibox. I un	derstand this is a voluntary program and that
that I may terminate my r	erved by the same letter carrier. I also understand participation in this program by providing
	rty (30) days prior to the date of termination.
	ty (ee) days prior to the date of terrimation.
I hereby agree to indemn	ify, hold, and save harmless all participants of
	, including the local sponsoring social service
	ociation of Letter Carriers, and the United States
	damage or injury which occurs as a result of
my participation in this p	rogram.
Signed:	Date:
Street Address:	
City: Meriden, CT Zip: _	
Home Phone:	Cell Phone:
Pets: TYES NO Dog(s	s):Other:
Responder Information	(who do you want notified in case of an emergency)
Name:	Relationship:
Phone:	
Name:	Relationship:
Phone:	_
*Please complete a	nd mail to:
Ass	isted Living Services, Inc.
74.9	South Broad St.
Mer	iden, CT, 06450

203-634-8668